

24th Belgian Congress on Rheumatology

17 - 19 March 2021

Wallonia Conference Center Mons



Preliminary Programme

www.rheumacongress.be

Organisation

Scientific Organiser

Peggy Jacques

UZ Gent

Peggy.Jacques@UGent.be

Local Organising Committee

Nathalie Demeulenaere

CHU Ambroise Paré, Mons

nathalie.demeulenaere@hap.be

Marc Léon

CHU Ambroise Paré, Mons

marc.leon@hap.be

Fabrice Martin

Hôpital de Mons

fabrice.martin@chr-mh.be

Congress Secretariat

Medicongress Services

Noorwegenstraat 49

B-9940 Evergem, Belgium

Phone: +32 (0)9 218 85 81

reumato@medicongress.com

www.medicongress.com



Welcome Address

Dear Colleagues,

The Royal Belgian Society for Rheumatology takes great pleasure in announcing the **24th Belgian Congress on Rheumatology**, taking place in **Mons** on **17-19 March 2021**.

The Congress will take place at the state-of-the-art Wallonia Conference Center Mons (WCCM). The city of Mons offers a perfect combination of the charm of a centuries-old city, the dynamism of a university city and a high-end infrastructure.

We are proud to propose a varied and interesting programme with state-of-the-art keynote lectures. The 'Year in Review' will also be presented again, providing you with a survey of the Belgian publications of the last year. The 'Thieves Market' is also scheduled again this year.

Furthermore, 2 poster tours, 4 workshops for early risers and 9 Updates in Therapeutics are scheduled.

Together with the KBVR-SRBR Board members, we hope to welcome you to BCR'20 in Mons and remain,

Yours sincerely,

Prof. Peggy Jacques
Scientific Organiser

Wednesday, 17 March

Young Investigators' Meeting

Chairs: Koen Venken (VIB, UGent) and Barbara Neerinckx (KUL)

- 10.00 **Axial involvement in early peripheral spondyloarthritis: A prospective MRI study**
Thomas Renson (UGent, VIB)
- 10.15 **Immunoglobulin G antibodies to three novel peptides in early axial spondyloarthritis in two independent cohorts**
Pieter Ruytinx (UHasselt)
- 10.30 **Interleukin-23 inhibitors and their apparent ineffectiveness in the treatment of axial spondyloarthritis: A systematic review with meta-analysis**
Louise Vanhoutte (KUL)
- 10.45 **Synovial tissue histopathology findings in early RA – Is it useful? Analysis of the Belgian CAP48 cohort**
Stéphanie de Montjoye (UCL, IREC)
- 11.00 **Laser Speckle Contrast Analysis (LASCA) in rheumatoid arthritis**
Michaël Vanden Bulcke (UGent)
- 11.15 **The FLARE-RA questionnaire can identify OMERACT flares in patients with rheumatoid arthritis included in the TapERA trial**
Delphine Bertrand (KUL)
- 11.30 **May capillaroscopy be a candidate tool in future algorithms for SSc-ILD: Are we looking for the holy grail? A systematic review**
Amber Vanhaecke (Ugent)
- 11.45 **Epitope mapping of MDA5 using patient plasma derived autoantibodies**
Eveline Van Gompel (Karolinska Institute, KUL)
- 12.00 Welcome Lunch in the Exhibition Halls

Wednesday, 17 March

12.30 Opening Ceremony

Peggy Jacques, Scientific Organiser, Dirk Elewaut and Catherine Bailleux, KBVR-SRBR

SESSION 1

Chairs: Patrick Verschuere (KUL) and Laurent Méric de Bellefon (CNDG, CHU Saint-Pierre Brussels, UCL)

12.50 Vesalius Lecture

From clinical trials to clinical practice: A good match?

Josef Smolen (Austria)

Abstract Presentations

- 13.35 **Long-term effectiveness of methotrexate with step down glucocorticoids (COBRA Slim) versus other conventional DMARD regimens as initial RA therapy: 5-year outcomes of the CareRA trial**
Veerle Stouten (KUL)
- 13.45 **Spinal magnetic resonance imaging lesions in healthy subjects compared to axial spondyloarthritis patients**
Manouk de Hooge (UGent, VIB)
- 13.55 **Should we use bioDMARDs in first intention in early Rheumatoid Arthritis? Results at 5 years from the ERA Louvain Brussels cohort**
Emilie Sapart (UCL)
- 14.05 FWRO/FRSR Award Ceremony
- 14.30 **Update in Therapeutics - Organised with an educational grant from Roche**
Diagnosis and treatment recommendations for CGA (Vasculitis)
Daniel Blockmans (KUL)
- 15.00 **Update in Therapeutics - Organised with an educational grant from AbbVie**
The importance of achieving remission in RA
René Marc Flipo (France)
- 15.30 Coffee Break in the Exhibition Halls

Wednesday, 17 March

SESSION 2 - Extra-articular features in rheumatic diseases: Joint efforts

Chairs: Philippe Carron (UGent) and Shahnawaz Soyfoo (ULB)

- 16.00 **New strategies in tackling gut inflammation**
Marc Ferrante (UZ Leuven)
- 16.30 **Pulmonary manifestations of rheumatic diseases**
Antoine Froidure (UCL)
- 17.00 **Primary immune deficiencies**
Filomeen Haerynck (UZGent-VIB)
- 17.30 **Ethics and Economy Part I: Update from the Professional Association**
Ilse Hoffman (GZA, AZ Sint Jozef) and Laurent Méric de Bellefon (CNDG, CHU Saint-Pierre Brussels, UCL)
- 18.00 General Assembly - Part I
- 18.30 Welcome Reception and Dinner in the Exhibition Halls
- 20.00 **SESSION 3 - Ethics and Economy Part II**
*Chairs: Nathalie Demeulenaere (CHU Ambroise Paré, Mons),
Marc Léon (CHU Ambroise Paré, Mons) and
Fabrice Martin (Hôpital de Mons)*
- Time2Work**
House of Rheumatology
- Efficiency of the Belgian health care system in comparison with the Dutch one**
Philippe Van Wilder (ULB)
- 22.00 End of Day 1

Thursday, 18 March

08.00 **Workshop 1**

EMG

Yves Piette (UGent, AZ Sint-Jan Brugge) and Gaëtan Stoquart (UCL)

Workshop 2

Dermatology: Malignancies

Marjan Garmyn (KUL)

SESSION 4

Chairs: Kristof Thevissen (ZOL, Genk) and Valérie Badot (CHU Brugmann)

Abstract Presentations

- 09.00 **Patients with early rheumatoid arthritis considered to have a favourable risk profile and treated according to a step-up strategy have an increased risk of chronic analgesic consumption**
Sofia Pazmino (KUL)
- 09.10 **Novel autoantibody biomarkers for the prediction of response to first-line combination therapy in rheumatoid arthritis**
Patrick Vandormael (U Hasselt)
- 09.20 **Interplay between Treg and iNKT cells reveals a marked tissue tropism of immune regulatory networks in combined gut and joint inflammation**
Koen Venken (VIB, UGent)
- 09.30 **Infection prevention and vaccination strategies**
Charlotte Martin (CHU Saint-Pierre)
- 10.05 **Interactive case discussion: Difficult osteoporosis (in juveniles, young/premenopausal adults)**
Hans Zmierzak (UGent) and Thomas Renson (UGent)
- 10.45 Coffee Break in the Exhibition Halls
- 11.00 Poster Tour 1

SESSION 5

Chairs: Yves Piette (UGent, AZ Sint-Jan Brugge) and
Alla Ishchenko (ZNA, KUL)

- 11.30 **Update in Therapeutics - Organised with an educational grant from Eli Lilly**
RWE of JAK-inhibitors: From clinical trial to clinical practice
Axel Finckh (Switzerland)
- 12.00 **Update in Therapeutics - Organised with an educational grant from Novartis**
Non-radiographic axial spondyloarthritis: The imaging pitfalls in the diagnostic process
Filip Van den Bosch (UGent)
- 12.30 **Physical therapy: From trials to daily patient care**
Thijs Swinnen (KUL)
- 13.00 Lunch in the Exhibition Halls
- 14.00 General Assembly (voting included) - Part II

SESSION 6

Chairs: Ellen De Langhe (KUL) and Adrien Nzeusseu Toukap (UCL)

- 14.45 **Update in Therapeutics - Organised with an educational grant from Galapagos**
Targeting well-being for people with rheumatoid arthritis
Peter Taylor (UK)
- 15.15 **Update in Therapeutics - Organised with an educational grant from Amgen**
Treated osteoporosis is still osteoporosis
Jan Lenaerts (Reuma-Instituut Hasselt & UZ Leuven)
- 15.45 **Being flexible is not always Ehlers Danlos**
Fransiska Malfait (UGent)
- 16.15 Coffee Break in the Exhibition Halls

SESSION 7

Chairs: Olivier Malaise (CHU de Liège) and
Pascale Volders (ReumaClinic Genk)

Abstract Presentations

- 16.45 **Incidence and prevalence of systemic sclerosis associated interstitial lung disease in Flanders: A 12-years multicentre prospective cohort study**
Vanessa Smith (UGent)
- 16.55 **Per-protocol repeat kidney biopsy portends relapse and long-term outcome in incident cases of proliferative lupus nephritis**
Farah Tamirou (UCL)
- 17.05 **Serum IgG-undergalactosylation profiles reflect cumulative exposure to systemic inflammation in spondyloarthritis patients**
Ann-Sophie De Craemer (UGent, VIB)
- 17.15 **Update in Therapeutics - Organised with an educational grant from Sanofi**
Cardiovascular disease in RA: Clinical evidences, risk stratification and treatment
Miguel A. Gonzalez-Gay (Spain)
- 17.45 **Update in Therapeutics - Organised with an educational grant from MSD**
Tapering strategies in arthritis
Patrick Verschueren (KUL)
- 18.15 End of Day 2

Friday, 19 March

08.00 **Workshop 3**

Ultrasonography

UGent, UA, UCL, ULg, ZNA

Workshop 4

Capillaroscopy/LASCA

Vanessa Smith (UGent)

SESSION 8

Chairs: Ruth Wittoek (UGent) and Laure Tant (ULB)

09.00 **State-of-the-art lecture: The burden of seronegative rheumatoid arthritis**
Espen Andre Haavardsholm (Norway)

Abstract Presentations

09.40 **The use of disease activity indicators for rheumatoid arthritis in Belgian daily clinical practice**
Emma Buckinx (KUL)

09.50 **Unmasking the role of salivary gland involvement in anti-SSA positive patients**
Liselotte Deroo (UGent)

10.00 **Systematic analysis of Covid-19 infections and symptoms in systemic lupus erythematosus population: Correlation with disease severity and treatments**
Olivier Malaise (ULg)

10.10 **Update in Therapeutics - Organised with an educational grant**

10.40 Coffee Break in the Exhibition Halls

11.00 Poster Tour 2

Friday, 19 March

SESSION 9

Chairs: Ilse Hoffman (GZA, AZ Sint Jozef) and Patrick Durez (UCL)

11.30 **Bone and Joint Lecture**
Regenerative Medicine and tissue engineering, building a biological joint
Frank Luyten (KUL)

12.00 **Year in review – Clinical and basic science**
Gaëlle Varkas (UGent) and Eric Gracey (VIB, UGent)

Thieves Market

12.30 **Hydroxychloroquine use not so harmless: Little reminder from a clinical case**
Valérie Badot (ULB)

12.40 **Treating cancer and associated “paraneoplastic” dermatomyositis with immune checkpoint inhibitor, a false good idea?**
Florane Chauveheid (ULg)

12.50 **Clinical case: Systemic lupus erythematosus mimicry after viral infection with Coxsackie B4**
Julie Terrasson (KUL)

13.00 **Closure of the Congress**

13.15 Farewell Lunch in the Exhibition Halls

14.00 KBVR-SRBR Board Meeting

Meeting for Health Professionals in Rheumatology – Morning

Chairs: Karlien Claes (UZ Ghent) and Ellinor Sydow (UZ Leuven)

- 08.30 **Registration***
- 09.00 **Welcome**
Karlien Claes MSc, Pediatric Rheumatology Nurse UZ Ghent and President of the BeHPR
- 09.10 **Systemic Lupus Erythematosus: A multi-faceted disease**
Farah Tamirou, MD, PhD, Rheumatology Dept., University Hospital Saint Luc, UCLouvain
- 09.40 **Systemic diseases**
Isabelle Peene, MD, PhD & Yves Piette, MD, Rheumatology Dept., AZ Sint Jan Brugge and UZ Ghent
- 10.10 **A patient's testimonial**
- 10.25 **Coffee break**
- Chairs: Aleksandra Avramosvka (UCLouvain) and Chantal Robert (Erasme UL Hospital Brussels)*
- 10.55 **Systemic Sclerosis: Physiopathology, clinical manifestations and treatment for Health Professionals**
Marie Vanthuyne MD, PhD, Rheumatology Dept., Cliniques Universitaires Saint Luc and the Grand Hôpital de Charleroi
- 11.20 **How can we visualize the capillaries and what does this mean?**
Vanessa Smith, MD, PhD, Rheumatology Dept., UZ Ghent
- 11.40 **Pregnancy and sexuality in systemic diseases**
Ellen De Langhe, MD, PhD, Rheumatology Dept., Systemic Diseases, UZ Leuven
- 12.10 **A patient's story**
- 12.25 **Lunch & Networking**

**Registration (including coffee breaks and lunch) is free of charge, but obligatory.*

Meeting for Health Professionals in Rheumatology – Afternoon

- 13.30 **General Assembly BeHPR**
Welcome and a must do for all
- Chairs: Laura Lepers (Erasme UL Hospital Brussels) and Chantal Robert (Erasme UL Hospital Brussels)*
- 14.00 **ImmunoStart: Preparing patients for immunosuppression**
Charlotte Martin, MD, Infectious Diseases, CHU Saint-Pierre, Brussels and Head of Travel & Vaccine Clinic
- 14.30 **The development of a dynamic attention through the movement**
Anne-Rose Goyet, Somatic Educator in Feldenkrais Method and Tai Chi Chuan & Qi Gong Practitioner
- 15.00 **Coffee break**
- Chairs: Aleksandra Avramosvka (UCLouvain) and Ellinor Sydow (UZ Leuven)*
- 15.30 **Presentation of 3 selected abstracts**
- 16.00 **Announcement of best abstract**
*Aleksandra Avramosvka, Rheumatology Nurse, UCLouvain
Ellinor Sydow, MSc Occupational therapist UZ Leuven*
- 16.10 **Impact of Inflammatory Mediated Immune Disease (IMID) in quality of life: How to struggle with chronic fatigue?**
Laurent Moor, Consultant Fatigue, CHU of Liège
- 16.50 **Closing and wish you a good trip back home**
Karlien Claes MSc, Pediatric Rheumatology Nurse, UZ Ghent and President of the BeHPR

Registration

Registration Fees

	EARLY Until 14 February	LATE As of 15 February
Members KBVR-SRBR	€ 150,00	€ 250,00
Non Members	€ 250,00	€ 350,00
Trainees in Rheumatology*	€ 50,00	€ 75,00
Other Trainees*	€ 75,00	€ 100,00
Researchers non-MD*	€ 50,00	€ 75,00
Emeriti	€ 50,00	€ 75,00
Workshops**	Free	Free

* Registration as a trainee or researcher non-MD will only be accepted if accompanied by a copy of your student card or a certificate of your director (proof to be uploaded during the registration process). Without proof the non-member fee will be charged.

** Participation in the workshops is free of charge and is limited to 30 participants.

The registration fee for participants includes

- Participation in all scientific sessions
- Participation in the hands-on workshops (separate registration required, limited to 30 participants)
- Participation in the 'Updates in Therapeutics' organised by the Industry
- Congress bag with the Programme and congress related documents
- Access to the exhibition
- Lunches and coffee breaks

How to register

You can register online through the congress website www.rheumacongress.be. Click on 'Registration' for details and access to the online registration form. When your registration is completed successfully, you will receive an automatic confirmation. You can also print an invoice when you finalise your online registration.

Changes/Name Substitutions

You will receive a personal link in your final confirmation email. With this link it will be possible to make changes or transfer your registration to a colleague free of charge.

Cancellations

Participants canceling their registration before 15 February 2021, will receive a full refund, less € 50,00 administration costs. There will be no refunds for cancellations received after this date. Cancellations must be confirmed in writing to the Organising Secretariat. All refunds will be processed after the Congress.

Hotel Accommodation

A number of hotel rooms have been booked at special group rates, including breakfast and VAT. You can reserve your hotel room through the online registration form.

Any requests for hotel accommodation must be accompanied by a credit card number, in order to secure the room. This credit card will not be charged by the organisers but only serves as a reservation guarantee.

Participants will have to pay their hotel room and personal expenses at the reception of the hotel. In case of late cancellation or no show, the room will be charged on the credit card.

The list of hotels with rates and cancellation policy is available on the website.

Major Sponsors

abbvie

AMGEN[®]

Galápagos

Lilly

 **MSD**
INVENTING FOR LIFE

 **NOVARTIS**

Pfizer

Roche


SANOFI