24th Belgian Congress on Rheumatology
17 - 19 March 2021
Wallonia Conference Center Mons

Preliminary Programme

www.rheumacongress.be
Welcome Address

Dear Colleagues,

The Royal Belgian Society for Rheumatology takes great pleasure in announcing the 24th Belgian Congress on Rheumatology, taking place in Mons on 17-19 March 2021.

The Congress will take place at the state-of-the-art Wallonia Conference Center Mons (WCCM). The city of Mons offers a perfect combination of the charm of a centuries-old city, the dynamism of a university city and a high-end infrastructure.

We are proud to propose a varied and interesting programme with state-of-the-art keynote lectures. The ‘Year in Review’ will also be presented again, providing you with a survey of the Belgian publications of the last year. The ‘Thieves Market’ is also scheduled again this year.

Furthermore, 2 poster tours, 4 workshops for early risers and 9 Updates in Therapeutics are scheduled.

Together with the KBVR-SRBR Board members, we hope to welcome you to BCR’20 in Mons and remain,

Yours sincerely,

Prof. Peggy Jacques
Scientific Organiser
Young Investigators’ Meeting
Chairs: Koen Venken (VIB, UGent) and Barbara Neerinckx (KUL)

10.00 Axial involvement in early peripheral spondyloarthritis: A prospective MRI study
Thomas Renson (UGent, VIB)

10.15 Immunoglobulin G antibodies to three novel peptides in early axial spondyloarthritis in two independent cohorts
Pieter Ruytinx (UHasselt)

10.30 Interleukin-23 inhibitors and their apparent ineffectiveness in the treatment of axial spondyloarthritis: A systematic review with meta-analysis
Louise Vanhoutte (KUL)

10.45 Synovial tissue histopathology findings in early RA – Is it useful? Analysis of the Belgian CAP48 cohort
Stéphanie de Montjoye (UCL, IREC)

11.00 Laser Speckle Contrast Analysis (LASCA) in rheumatoid arthritis
Michaël Vanden Bulcke (UGent)

11.15 The FLARE-RA questionnaire can identify OMERACT flares in patients with rheumatoid arthritis included in the TapERA trial
Delphine Bertrand (KUL)

11.30 May capillaroscopy be a candidate tool in future algorithms for SSc-ILD: Are we looking for the holy grail? A systematic review
Amber Vanhaecke (Ugent)

11.45 Epitope mapping of MDA5 using patient plasma derived autoantibodies
Eveline Van Gompel (Karolinska Institute, KUL)

12.00 Welcome Lunch in the Exhibition Halls
Wednesday, 17 March

SESSION 2 - Extra-articular features in rheumatic diseases: Joint efforts
Chairs: Philippe Carron (UGent) and Shahnawaz Soyfoo (ULB)

16.00 New strategies in tackling gut inflammation
Marc Ferrante (UZ Leuven)

16.30 Pulmonary manifestations of rheumatic diseases
Antoine Froidure (UCL)

17.00 Primary immune deficiencies
Filomeen Haerynck (UGent-VIB)

17.30 Ethics and Economy Part I: Update from the Professional Association
Ilse Hoffman (GZA, AZ Sint Jozef) and Laurent Méric de Bellefon (CNDG, CHU Saint-Pierre Brussels, UCL)

18.00 General Assembly - Part I

18.30 Welcome Reception and Dinner in the Exhibition Halls

20.00 SESSION 3 - Ethics and Economy Part II
Chairs: Nathalie Demeulenaere (CHU Ambroise Paré, Mons), Marc Léon (CHU Ambroise Paré, Mons) and Fabrice Martin (Hôpital de Mons)

Time2Work
House of Rheumatology

Efficiency of the Belgian health care system in comparison with the Dutch one
Philippe Van Wilder (ULB)

22.00 End of Day 1

Thursday, 18 March

08.00 Workshop 1

EMG
Yves Piette (UGent, AZ Sint-Jan Brugge) and Gaëtan Stoquart (UCL)

Workshop 2

Dermatology: Malignancies
Marjan Garmyn (KUL)

SESSION 4
Chairs: Kristof Thevissen (ZOL, Genk) and Valérie Badot (CHU Brugmann)

Abstract Presentations

09.00 Patients with early rheumatoid arthritis considered to have a favourable risk profile and treated according to a step-up strategy have an increased risk of chronic analgesic consumption
Sofia Pazmino (KUL)

09.10 Novel autoantibody biomarkers for the prediction of response to first-line combination therapy in rheumatoid arthritis
Patrick Vandormael (Uhasselt)

09.20 Interplay between Treg and iNKT cells reveals a marked tissue tropism of immune regulatory networks in combined gut and joint inflammation
Koen Venken (VIB, UGent)

09.30 Infection prevention and vaccination strategies
Charlotte Martin (CHU Saint-Pierre)

10.05 Interactive case discussion: Difficult osteoporosis (in juveniles, young/premenopausal adults)
Hans Zmierczak (UGent) and Thomas Renson (UGent)

10.45 Coffee Break in the Exhibition Halls

11.00 Poster Tour 1
Thursday, 18 March

SESSION 5
Chairs: Yves Piette (UGent, AZ Sint-Jan Brugge) and Alla Ishchenko (ZNA, KUL)

11.30 Update in Therapeutics - Organised with an educational grant from Eli Lilly RWE of JAK-inhibitors: From clinical trial to clinical practice
   Axel Finckh (Switzerland)

12.00 Update in Therapeutics - Organised with an educational grant from Novartis Non-radiographic axial spondyloarthritis: The imaging pitfalls in the diagnostic process
   Filip Van den Bosch (UGent)

12.30 Physical therapy: From trials to daily patient care
   Thijs Swinnen (KUL)

13.00 Lunch in the Exhibition Halls

14.00 General Assembly (voting included) - Part II

SESSION 6
Chairs: Ellen De Langhe (KUL) and Adrien Nzeusseu Toukap (UCL)

14.45 Update in Therapeutics - Organised with an educational grant from Galapagos Targeting well-being for people with rheumatoid arthritis
   Peter Taylor (UK)

15.15 Update in Therapeutics - Organised with an educational grant from Amgen Treated osteoporosis is still osteoporosis
   Jan Lenaerts (Reuma-Instituut Hasselt & UZ Leuven)

15.45 Being flexible is not always Ehlers Danlos
   Fransiska Malfait (UGent)

16.15 Coffee Break in the Exhibition Halls

SESSION 7
Chairs: Olivier Malaise (CHU de Liège) and Pascale Volders (ReumaClinic Genk)

Abstract Presentations

16.45 Incidence and prevalence of systemic sclerosis associated interstitial lung disease in Flanders: A 12-years multicentre prospective cohort study
   Vanessa Smith (UGent)

16.55 Per-protocol repeat kidney biopsy portends relapse and long-term outcome in incident cases of proliferative lupus nephritis
   Farah Tamirou (UCL)

17.05 Serum IgG-undergalactosylation profiles reflect cumulative exposure to systemic inflammation in spondyloarthritis patients
   Ann-Sophie De Craemer (UGent, VIB)

17.15 Update in Therapeutics - Organised with an educational grant from Sanofi Cardiovascular disease in RA: Clinical evidences, risk stratification and treatment
   Miguel A. Gonzalez-Gay (Spain)

17.45 Update in Therapeutics - Organised with an educational grant from MSD Tapering strategies in arthritis
   Patrick Verschueren (KUL)

18.15 End of Day 2
Friday, 19 March

08.00 Workshop 3

Ultrasonography
UGent, UA, UCL, ULg, ZNA

Workshop 4

Capillaroscopy/LASCA
Vanessa Smith (UGent)

SESSION 8
Chairs: Ruth Wittoek (UGent) and Laure Tant (ULB)

09.00 State-of-the-art lecture: The burden of seronegative rheumatoid arthritis
Espen Andre Haavardsholm (Norway)

Abstract Presentations

09.40 The use of disease activity indicators for rheumatoid arthritis in Belgian daily clinical practice
Emma Buckinx (KUL)

09.50 Unmasking the role of salivary gland involvement in anti-SSA positive patients
Liselotte Deroo (UGent)

10.00 Systematic analysis of Covid-19 infections and symptoms in systemic lupus erythematosus population: Correlation with disease severity and treatments
Olivier Malaise (ULg)

10.10 Update in Therapeutics - Organised with an educational grant

10.40 Coffee Break in the Exhibition Halls

11.00 Poster Tour 2

Friday, 19 March

SESSION 9
Chairs: Ilse Hoffman (GZA, AZ Sint Jozef) and Patrick Durez (UCL)

11.30 Bone and Joint Lecture
Regenerative Medicine and tissue engineering, building a biological joint
Frank Luyten (KUL)

12.00 Year in review – Clinical and basic science
Gaëlle Varkas (UGent) and Eric Gracey (VIB, UGent)

Thieves Market

12.30 Hydroxychloroquine use not so harmless: Little reminder from a clinical case
Valérie Badot (ULB)

12.40 Treating cancer and associated “paraneoplastic” dermatomyositis with immune checkpoint inhibitor, a false good idea?
Florane Chauveheid (ULg)

12.50 Clinical case: Systemic lupus erythematosus mimicry after viral infection with Coxsackie B4
Julie Terrasson (KUL)

13.00 Closure of the Congress

13.15 Farewell Lunch in the Exhibition Halls

14.00 KBVR-SRBR Board Meeting
Thursday, 18 March

Meeting for Health Professionals in Rheumatology – Morning
Chairs: Karlien Claes (UZ Ghent) and Ellinor Sydow (UZ Leuven)

08.30 Registration*

09.00 Welcome
Karlien Claes MSc, Pediatric Rheumatology Nurse, UZ Ghent and
President of the BeHPR

09.10 Systemic Lupus Erythematosus: A multi-faceted disease
Farah Tamirou, MD, PhD, Rheumatology Dept., University Hospital Saint Luc, UCLouvain

09.40 Systemic diseases
Isabelle Peene, MD, PhD & Yves Piette, MD, Rheumatology Dept.,
AZ Sint Jan Brugge and UZ Ghent

10.10 A patient’s testimonial

10.25 Coffee break

10.55 Systemic Sclerosis: Physiopathology, clinical manifestations and
treatment for Health Professionals
Marie Vanthuyne MD, PhD, Rheumatology Dept., Cliniques Universitaires
Saint Luc and the Grand Hôpital de Charleroi

11.20 How can we visualize the capillaries and what does this mean?
Vanessa Smith, MD, PhD, Rheumatology Dept., UZ Ghent

11.40 Pregnancy and sexuality in systemic diseases
Ellen De Langhe, MD, PhD, Rheumatology Dept., Systemic Diseases,
UZ Leuven

12.10 A patient’s story

12.25 Lunch & Networking

*Registration (including coffee breaks and lunch) is free of charge, but obligatory.

Thursday, 18 March

Meeting for Health Professionals in Rheumatology – Afternoon

13.30 General Assembly BeHPR
Welcome and a must do for all

14.00 ImmunoStart: Preparing patients for immunosuppression
Charlotte Martin, MD, Infectious Diseases, CHU Saint-Pierre, Brussels
and Head of Travel & Vaccine Clinic

14.30 The development of a dynamic attention through the movement
Anne-Rose Goyet, Somatic Educator in Feldenkrais Method and
Tai Chi Chuan & Qi Gong Practitioner

15.00 Coffee break

15.30 Presentation of 3 selected abstracts

16.00 Announcement of best abstract
Aleksandra Avramosvka, Rheumatology Nurse, UCLouvain
Ellinor Sydow, MSc Occupational therapist, UZ Leuven

16.10 Impact of Inflammatory Mediated Immune Disease (IMID) in quality of life: How to struggle with chronic fatigue?
Laurent Moor, Consultant Fatigue, CHU of Liège

16.50 Closing and wish you a good trip back home
Karlien Claes MSc, Pediatric Rheumatology Nurse, UZ Ghent and
President of the BeHPR
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<th>Registration Fees</th>
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<td>Until 14 February</td>
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<tr>
<td>Members KBVR-SRBR</td>
<td>€ 150.00</td>
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Workshops** Free Free

* Registration as a trainee or researcher non-MD will only be accepted if accompanied by a copy of your student card or a certificate of your director (proof to be uploaded during the registration process). Without proof the non-member fee will be charged.

** Participation in the workshops is free of charge and is limited to 30 participants.

The registration fee for participants includes:
- Participation in all scientific sessions
- Participation in the hands-on workshops (separate registration required, limited to 30 participants)
- Participation in the ‘Updates in Therapeutics’ organised by the Industry
- Congress bag with the Programme and congress related documents
- Access to the exhibition
- Lunches and coffee breaks

How to register:
You can register online through the congress website www.rheumacongress.be. Click on ‘Registration’ for details and access to the online registration form. When your registration is completed successfully, you will receive an automatic confirmation. You can also print an invoice when you finalise your online registration.

Changes/Name Substitutions:
You will receive a personal link in your final confirmation email. With this link it will be possible to make changes or transfer your registration to a colleague free of charge.

Cancellations:
Participants canceling their registration before 15 February 2021, will receive a full refund, less € 50.00 administration costs. There will be no refunds for cancellations received after this date. Cancellations must be confirmed in writing to the Organising Secretariat. All refunds will be processed after the Congress.

Hotel Accommodation:
A number of hotel rooms have been booked at special group rates, including breakfast and VAT. You can reserve your hotel room through the online registration form.

Any requests for hotel accommodation must be accompanied by a credit card number, in order to secure the room. This credit card will not be charged by the organisers but only serves as a reservation guarantee.

Participants will have to pay their hotel room and personal expenses at the reception of the hotel. In case of late cancellation or no show, the room will be charged on the credit card.

The list of hotels with rates and cancellation policy is available on the website.
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